

First Aid Cupboard Checklist

Contents:

Note, when no expiry date can be found for dressings – individual dressings can still be used as long as the packaging has remained intact with no deterioration or tears.

- | | |
|--|---|
| <input type="checkbox"/> Laerdal resuscitation mask | <input type="checkbox"/> Tweezers / Forceps |
| <input type="checkbox"/> Resus-O-Mask | <input type="checkbox"/> Safety pins |
| <input type="checkbox"/> Pen & Notepad | <input type="checkbox"/> Bandage fastener |
| <input type="checkbox"/> First Aid instruction booklet | <input type="checkbox"/> Syringe for oral medications |
| <input type="checkbox"/> Disposable gloves | <input type="checkbox"/> Sick bags |
| <input type="checkbox"/> Plastic bags for disposal | <input type="checkbox"/> Crepe bandage 10 cm wide |
| <input type="checkbox"/> Emergency blanket | <input type="checkbox"/> Crepe bandage 7.5 cm wide |
| <input type="checkbox"/> Burns casualty sheet x 2 | <input type="checkbox"/> Crepe bandage 5 cm wide |
| <input type="checkbox"/> Instant cold compress | <input type="checkbox"/> Saline wash 10 mL |
| <input type="checkbox"/> Triangular bandage x 2 | Quantity: Expiry: |
| (One in backpack) | <input type="checkbox"/> Sterile water 10 mL |
| <input type="checkbox"/> Thermometer - regular | Quantity: Expiry: |
| <input type="checkbox"/> Digital thermometer | <input type="checkbox"/> Alcohol swabs |
| <input type="checkbox"/> Thermometer (probe) covers | Quantity: Expiry: |
| <input type="checkbox"/> Scissors | |
| <input type="checkbox"/> x 2 Packets (One for backpack) Band-aids or similar | |
| Expiry: | |
| <input type="checkbox"/> x 5 Non-adherent dressings (Small) | |
| Size 5 cm x 5 cm Expiry: | |
| <input type="checkbox"/> x 5 Non-adherent dressings (Medium) | |
| Size 7.5 cm x 5 cm Expiry: | |
| <input type="checkbox"/> x3 Non-adherent dressings (Large) | |
| Size 10 cm x 10 cm Expiry: | |

- Combine absorbent pressure pad – non sterile

10 cm x 10 metre roll

- x 4 Packets sterile (sealed pack) gauze

Expiry:

- 100 Gauze swabs (1 pkt) – non sterile
- Gauze bandage 5 cm wide – non sterile
- x 4 Eye pads in sterile (sealed) pack

Expiry:

- x 1 Packet Cotton buds
- Hypo-allergenic tape
- Adhesive plaster tap

Additional Items

- EpiPen Jr. – located in backpack

Expiry date:

- Ventolin Inhalers x 2 – located in backpack and cupboard

Expiry dates:

- Asthma spacers x 2 – located in backpack and cupboard
- Child face masks x 2 – located in backpack and cupboard

Individual Children's Medications

Name of child	Medication	Expiry	New supply requested

Completed by:

For Term (circle) 1 2 3 4 Date:

Comments: